

From Grief To Growth: Sitting Shiva

John 11:32-37

May 03, 2020

WARM-UP QUESTIONS:

1. What do you grieve for the most during this pandemic? What has made being "grounded" most difficult?
2. As you think back to past experiences of personal loss, what was the process like afterwards? How did you find yourself grieving even years later?

REFLECTION QUESTIONS:

1. Read through the entire story in John 11 about Jesus and the death of his good friend, Lazarus. How did Lazarus' two sisters, Martha and Mary, grieve? How did Jesus respond to each of them? What gave them comfort?
2. What did Jesus accomplish by purposely showing up late in this story? Why does God seemingly delay showing up at times during our crisis?

APPLICATION QUESTIONS:

1. Whose grief do you identify more with - Mary or Martha? Do you respond to people differently according to how they grieve?
2. Jesus knew the end of the story and yet still grieved with the sufferers in the present moment. What can we learn from Jesus on how to comfort those who are mourning?