

From Control to Surrender

Mark 4:35-41, Genesis 2:1-3, Psalm 65:9-10, Colossians 2:16-17

May 13, 2018

WARM-UP QUESTIONS:

1. Would you describe your approach to life as more controlled or free-spirited? What are some of the benefits of your approach? What are some of the pitfalls?
2. What is the difference between the “have to’s” and the “get to’s” in your life? Is it possible that a “have to” can be transformed into a “get to”?
3. Can you relate to Pastor Jason’s illustration that we may have to work hard to be able to then rest (i.e. go on vacation)? Did you find it worth the effort?

REFLECTION QUESTIONS:

1. In the Mark passage, why did the disciples feel Jesus didn’t care? Why were they so surprised at his response? What did that incident say about Jesus, about his disciples?
2. How does Jesus then challenge the disciples to give up their sense or need for control? Was it successful?
3. Pastor Jason stated, “There is nothing more humbling than knowing you are not needed, but there is also nothing more freeing than knowing you are not needed.” How does his comment about not being needed make you feel?

APPLICATION QUESTIONS:

1. In which part of your life do you feel God is “asleep in the back of the boat?”
2. In which part of your life has God demonstrated that He and not you is in control?
3. How does your perspective on life impact your practice of Sabbath and of allowing God taking care of you?
4. What is one thing you would like to “get-to” do on the Sabbath? Why and how might you make efforts into making it a reality?