

Anchored: Intro
Mark 4:35-41, Hebrews 6:19
Sept. 05, 2021

WARM-UP QUESTIONS:

1. What kind of goals do you have these days? Are they different from the kinds of goals you had before the pandemic?
2. Think back on your week. Are there “storms” going on around you? If so, how are they affecting you and others?

REFLECTION QUESTIONS:

1. Go over Jesus’ actions in this story. Pastor Jason argues that the most significant of Jesus’ actions in this storm is the act of sleeping. Why? Do you agree with this interpretation?

APPLICATION QUESTIONS:

1. If this story is not about stopping the storm, but rather learning to move through it, what are the implications for how we face the storms in our lives?
2. Does being anchored in God’s reality negate asking for help or self care? What unhealthy interpretations of being anchored should we avoid?
3. Evergreen is inviting us all into a community practice being anchored through spiritual disciplines. Discuss amidst your group how you may take part in this.