

## **Awaken The Senses: Touch**

**Matthew 8:1-5**

**November 14, 2021**

### **WARM-UP QUESTIONS:**

1. What was your family upbringing like with regards to affection and physical touch?
2. What comes to mind when you think of a “touching moment”?
3. Have you ever had an experience where physical contact was painful and hard to bear (i.e. severe sunburn, cut)? What helped to make things more soothing?

### **REFLECTION QUESTIONS:**

1. As we wrap up our series on the five senses, we have seen how God’s creative design of our human bodies provides pathways to explore our relationship with God. What are some examples of God’s touch found in the Bible? Or perhaps in your own personal experience? How does God’s touch seem to differ from the other ways we sense God?
2. Read the gospel story of Jesus and the leper in Matthew 8. What must it have been like for this person not to experience human contact? Given the purity laws of the Old Testament, how did his leprous condition impact his life, work, and relationships?
3. Is God always “within reach”? Do we need to take steps to draw close to God? Or does God come to us?

### **APPLICATION QUESTIONS:**

1. Are there specific activities that have helped recenter you or get in touch with God?
2. Who does God bring to mind when you think of those who might need to be reached out to? Take time to pray for them and also make a plan to get in touch.