

Peace in Chaos

Luke 1:26-38, Matthew 8:23-27

Dec 09, 2018

WARM-UP QUESTIONS:

1. When someone mentions the end of the world, what comes to mind?
2. Name some things that have scared or worried you this past week? What led you to react in these ways?
3. Are fears or worries reasonable feelings to have?

REFLECTION QUESTIONS:

1. Reflect on the three occasions in Luke 1 where the angels said, "Fear not" to Mary, Joseph, and the shepherds. What fear do you think the angel is addressing to each of them? Which of these situations do you most identify with? What comfort do you find in their response to that fear?
2. What fear did Jesus overcome through His death on the cross in His days? And today?
3. Pastor Nate says that we have a third option besides fight or flight: God's presence. What does he mean by this? Is God's presence mutually exclusive from the choice to attack or run?
4. Read Matthew 8:23-27. Was Jesus' presence a guarantee of the disciples' safety? Does the knowledge of God's presence change your attitude in times of chaos/fear?

APPLICATION QUESTIONS:

1. What encouragements have you receive that will help you conquer your fears this week?
2. What can you do to bring about peace to other people's fearful hearts?
3. Being aware of God's presence and its implications takes practice. What are some ways we can remind ourselves of God being with us? How can we invite Him into our chaos?
4. Take some time to pray for each other and the fears and chaos that is part your group's lives.