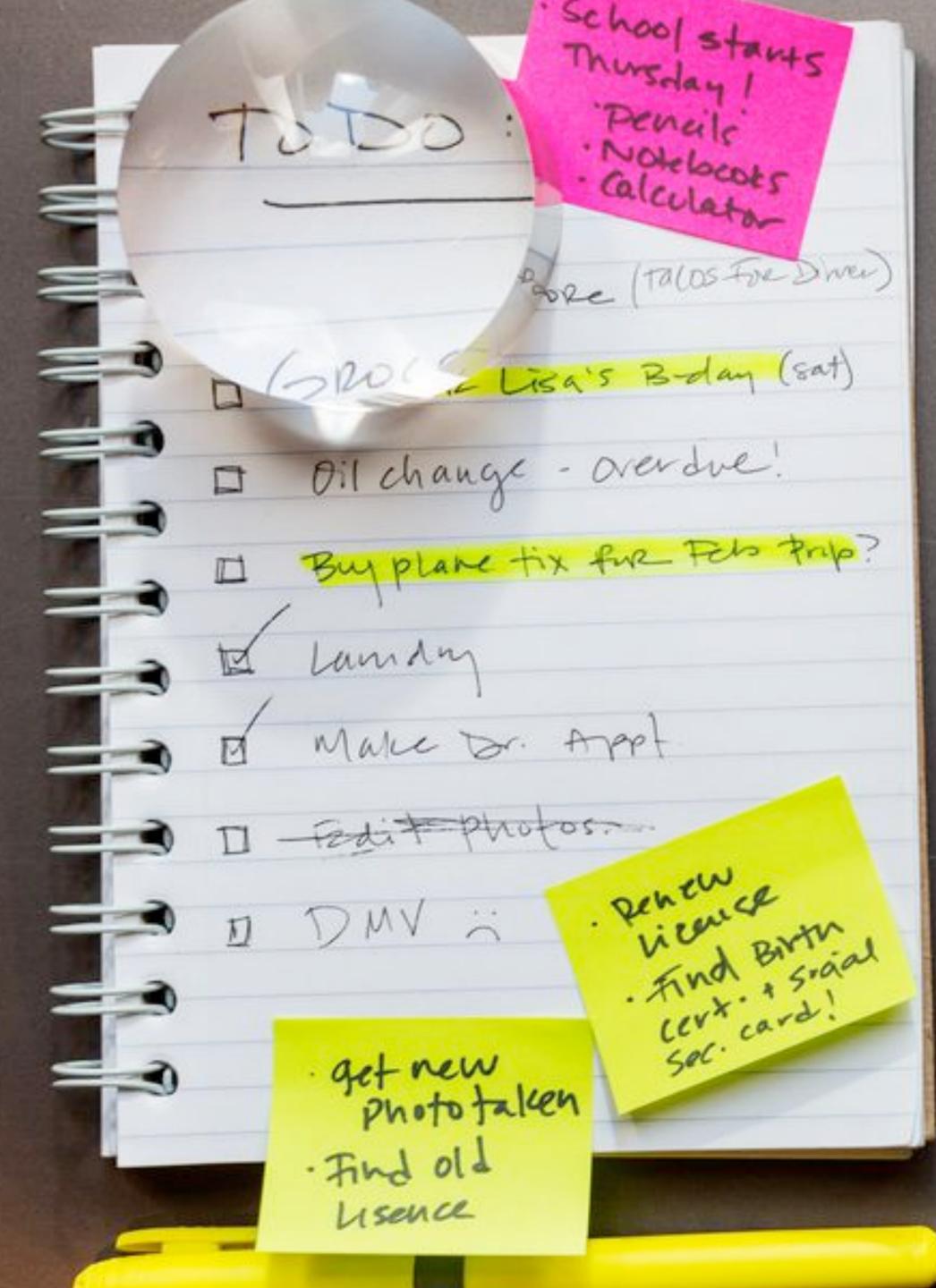


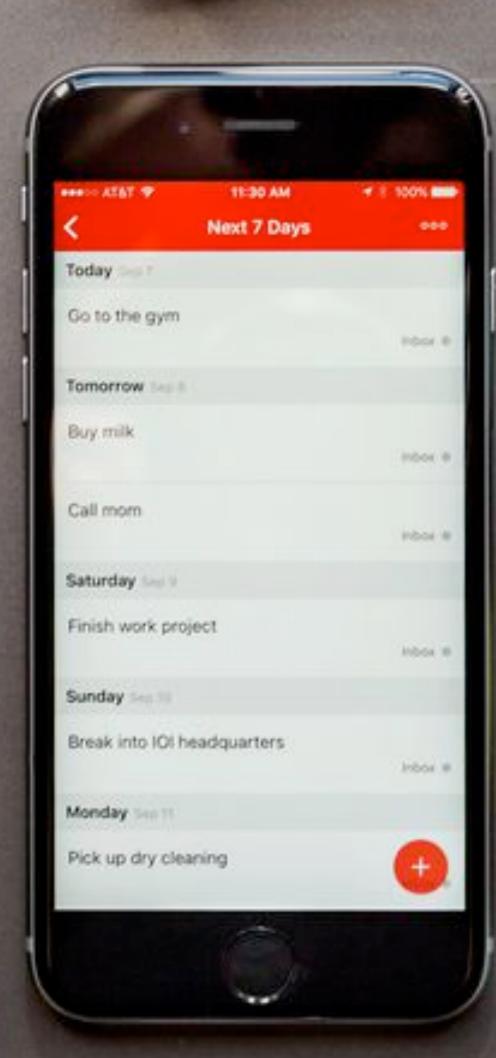




<sup>1</sup> Thus the heavens and the earth were completed in all their vast array. <sup>2</sup> By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. <sup>3</sup> Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.

<sup>9</sup> You care for the land and water it; you enrich it abundantly. The streams of God are filled with water to provide the people with grain, for so you have ordained it. 10 You drench its furrows and level its ridges; you soften it with showers and bless its crops.





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That day when evening came, he said to his disciples, "Let us go over to the other side." <sup>36</sup> Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him.

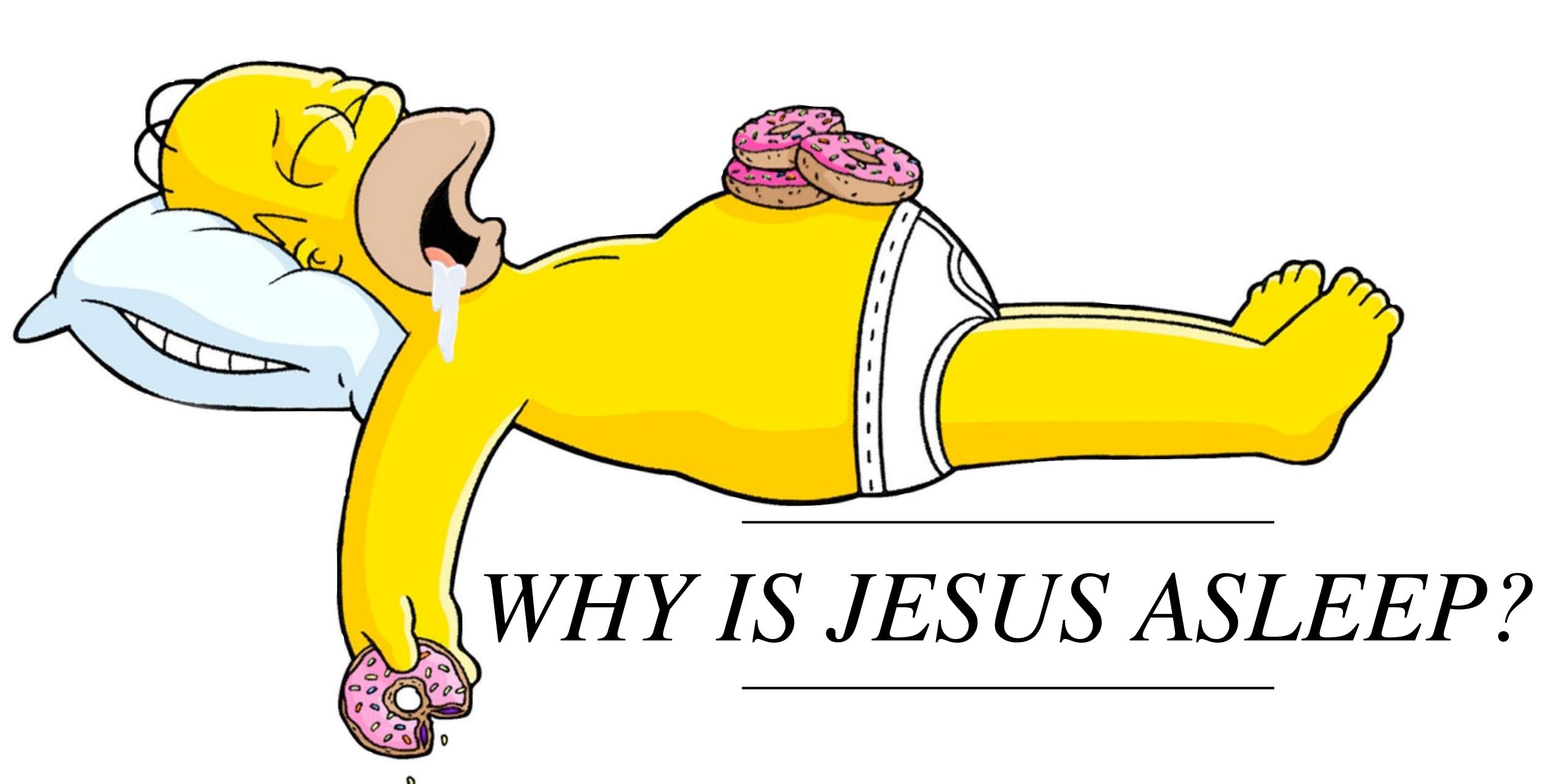
<sup>37</sup> A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. <sup>38</sup> Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, "Teacher, don't you care if we drown?"

- <sup>39</sup> He got up, rebuked the wind and said to the waves, "Quiet! Be still!" Then the wind died down and it was completely calm.
- 40 He said to his disciples, "Why are you so afraid? Do you still have no faith?"
- <sup>41</sup> They were terrified and asked each other, "Who is this? Even the wind and the waves obey him!"



## JESUS WAS IN THE STERN, SLEEPING ON A CUSHION.

- MATTHEW 4



## GOD'S REST IS ANCHORED SECURELY IN JESUS CHRIST.



## "SABBATH CAN BE A WEEKLY REMINDER THAT OUR WORK IS NOT SOVEREIGN, BUT GOD IS."

- Alan Fadling, An Unhurried Life

16 Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day. 17 These are a shadow of the things that were to come; the reality, however, is found in Christ.

